



From the North (I-5 Southbound):

- Take the NE 145th Street Exit off of I-5 South(Exit #175)
- Proceed to the stop light at the end of the ramp and go left (East)
- Follow NE 145th through the light (5th Ave NE) and continue East
- At the light at 15th Ave NE turn right (going South) for approximately one mile
- Turn right (going west) on NE 127th Street (St. Mathews church is on the corner on your right as you turn, there is a pedestrian crossing light on that corner as well)
- Proceed down 127th Street for two long blocks
- 1015 NE 127th Street is the last house on the left (rambler style, green with cream trim)

Pull in the driveway and make a sharp right onto the grass parking strip and park there. As you walk towards the house go under the carport and around the left side. Go in the red door around that side and have a seat in the waiting room.

If this is your first appointment, please start filling out the intake forms I will have ready for you.

Welcome!